CHAPTER 2

Sociologists Doing Research
Two headlines appear on the front page of two different papers in the newsstand. The first reads “Cure for Alzheimer’s disease just around the corner.” The second, while more accurate, is less exciting. It reads “Scientists cautiously declare that a promising—but as yet unduplicated—test result may lead to some small progress in the long-term effort to prevent Alzheimer’s disease.”

Which paper do you think would sell more copies? Like savvy news editors, you probably know that both fear and hope are emotions that sell papers. For this reason, research results, especially on social and health studies, are often exaggerated by the media.

We routinely read that tomato sauce can prevent prostate cancer, that tea prevents heart disease, and that eating blueberries can reduce the effects of aging and improve short-term memory. On the other hand, milk, eggs, anger, too-strict parenting, too-lax parenting, and marrying before age thirty have all been blamed for various deadly diseases and social disorders. To further complicate matters, stories often contradict each other from week to week. Caffeine, fish, milk, and butter are only some of the products that can heal or harm, depending on the date.

People who know what questions to ask about research reports can better protect themselves from acting on inaccurate information. Chapter 2 will look at some of the basic research methods used by sociologists and explore the area of ethics in social research.

After reading this chapter, you will be able to

❖ describe the basic quantitative and qualitative research methods used by sociologists.

❖ discuss basic research concepts, including variables and correlations.

❖ list the standards for proving cause-and-effect relationships.

❖ explain the steps sociologists use to guide their research.

❖ discuss ethics in sociological research.
Like all scientists, sociologists gain their knowledge by doing research. The goal of sociological research is to test common sense assumptions and replace false ideas with facts and evidence. Part of the sociological perspective is to ask “why” and “how” questions and then to form hypotheses to arrive at accurate understandings.

Social scientists differ from other scientists, however, in how they conduct much of their research. Unlike chemists, biologists, or physicists, sociologists (and often psychologists) are very limited in their ability to set up laboratory experiments to replicate real-life conditions. Even if they reproduce conditions as they are in the outside world, the ethical issues involved in manipulating people and controlling events would prevent most sociologists from pursuing this kind of research. For sociologists, the world is their laboratory.

How then do sociologists do research? The methods that sociologists rely on are described below. These methods are classified as either quantitative or qualitative. Quantitative research uses numerical data, while qualitative research rests on narrative and descriptive data. Quantitative research tools include surveys and precollected data. About 90 percent of the research published in major sociological journals is based on surveys, so this approach is discussed first.

**Survey Research**

The survey, in which people are asked to answer a series of questions, is the most widely used research method among sociologists. It is ideal for studying large numbers of people.

*The survey is the most widely used research method for collecting data in sociology.*
How are effective surveys conducted? In survey research, care must be taken that surveys are sent to the right number and type of people (Black, 1998). Researchers describe the people surveyed in terms of populations and samples.

A population is all those people with the characteristics a researcher wants to study. A population could be all high school seniors in the United States, all retired postal workers living in Connecticut, or the number of freshmen who buy school yearbooks.

Sociologists would like to collect information on all members of a population, but most populations are too large. Surveys including the entire population would cost too much and take too long for most research projects. Instead, a sample is drawn. A sample is a limited number of cases drawn from the larger population. A sample must be selected carefully if it is to have the same basic characteristics as the general population—that is, if it is to be a representative sample. If a sample is not representative of the population from which it is drawn, the survey findings cannot be used to make generalizations about the entire population. For example, if you were to conduct a survey using ten students from an advanced biology class, this sample would not be representative of your school. On the other hand, if you randomly selected ten students who walked into the school cafeteria for your survey, these students would probably be more representative of the student body. The sample would probably be too small, however, to give accurate results. The United States Census Bureau regularly uses sample surveys in its highly accurate work. The Gallup Poll and Harris Poll are recognized all over the country as reliable indicators of national trends and public opinion because they use representative samples in their surveys.

How are representative samples selected? The standard way of getting a representative sample is by random, or chance, selection. A random sample can be selected by assigning each member of the population a number and then drawing numbers from a container after they have been thoroughly scrambled. An easier and more practical method uses a table of random numbers. After each member of the population has been assigned a number, the researcher begins with any number in the table and goes down the list until enough subjects have been selected.
How is survey information gathered? In surveys, information is obtained through either a questionnaire or an interview. A **questionnaire** is a written set of questions that survey participants answer by themselves. In an **interview**, a trained interviewer asks questions and records the answers. Questionnaires and interviews may contain **closed-ended** or **open-ended** questions.

**Closed-ended questions** are those that a person answers by choosing from a limited, predetermined set of responses. Multiple choice questions are closed ended, for example. Because participants are limited to certain responses, closed-ended questions sometimes fail to uncover underlying attitudes and opinions. On the positive side, closed-ended questions make answers easier to tabulate and compare.

**Examples of Closed-Ended Questions**

<table>
<thead>
<tr>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Most schoolteachers really don't know what they are talking about.</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>b. To get ahead in life, you have to get a good education.</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>c. My parents encouraged me to get a good education.</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>d. School is a lonely place.</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>e. Too much emphasis is put on education these days.</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>f. Most students cheat on tests.</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

**Examples of Open-Ended Questions**

1. In your own words, please describe your views on the education you have received so far.

2. Do you think school adequately prepares you for employment? Why or why not?
Open-ended questions ask the person to answer in his or her own words. Answers to open-ended questions can reveal many attitudes. However, these answers are not easy to quantify or compare. Another problem may arise if an interviewer changes the meaning of questions by rephrasing them. The same question phrased in different ways can place the emphasis on different issues and evoke different responses.

Secondary Analysis

Using precollected information—that is, information someone else has already gathered—is known as secondary analysis. It is a well-respected method of collecting data in sociology. In fact, the first sociologist to use statistics in a sociological study—Emile Durkheim—relied on precollected data. (See Focus on Research on page 56.)

What are some sources for secondary analysis? Types of precollected data include government reports, company records, voting lists, prison records, and reports of research done by other social scientists.

The United States Census Bureau is one of the most important sources of precollected data for American sociologists. The Census Bureau collects information on the total population every ten years and conducts countless specific surveys every year. The census contains detailed information on such topics as income, education, race, sex, age, marital status, occupation, and death and birth rates.

Other government agencies also collect information that is of great value to sociologists. The U.S. Department of Labor regularly collects information on the nation’s income and unemployment levels across a variety of jobs. The U.S. Department of Commerce issues monthly reports on various aspects of the economy.

Science is the refusal to believe on the basis of hope.

C.P. Snow
English physicist
Field Research

Qualitative research uses narrative or descriptive data rather than quantitative, numerical data. Some aspects of society can best be revealed by qualitative methods. Most of these methods fall under the heading of field research. Field research looks closely at aspects of social life that cannot be measured quantitatively and that are best understood within a natural setting. High school cliques and “jock” culture are examples of topics best studied by field research.

When do sociologists use case studies? The most often used approach to field research is the case study—a thorough investigation of a single group, incident, or community. This method assumes that the findings in one case can be generalized to similar situations. The conclusions of a study on drug use in Chicago, for example, should apply to other large cities as well. It is the researcher’s responsibility to point out the factors in the study that are unique and that would not apply to other situations.

When do case studies involve participant observation? In participant observation, a researcher becomes a member of the group being studied. A researcher may join a group with or without informing its members that he or she is a sociologist.

A compelling account of undercover participant observation appears in Black Like Me, a book written by John Howard Griffin (1961). Griffin, a white journalist, dyed his skin to study the life of African Americans in the South. Although he had previously visited the South as a white man, his experiences while posing as an African American were quite different.

Participant researchers sometimes do not keep their identities secret. Elliot Liebow studied disadvantaged African American males. Even though he was a white outsider, Liebow was allowed to participate in the daily activities of the men. He said, “The people I was observing knew that I was observing them, yet they allowed me to participate in their activities and take part in their lives to a degree that continues to surprise me” (Liebow, 1967:253).
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Theoretical Research

Perspective Method Approach to the Research Question

Figure 2.4 Focus on Theoretical Perspectives

In Investigating School Violence and School Funding. This table illustrates the research method a sociologist of a particular theoretical persuasion would most likely choose to investigate school violence and school funding. Any of the three sociologists, of course, could use any of the three research methods.

<table>
<thead>
<tr>
<th>Theoretical Perspective</th>
<th>Research Method</th>
<th>Approach to the Research Question</th>
</tr>
</thead>
<tbody>
<tr>
<td>Functionalism</td>
<td>Survey</td>
<td>A questionnaire on violence in high schools is sent to a national, random sample of principals. The survey examines a possible relationship between incidence of school violence and level of school funding.</td>
</tr>
<tr>
<td>Conflict Theory</td>
<td>Case Study</td>
<td>A particular high school with low funding is studied with respect to a relationship between school violence and school funding. Researchers interview administrators, teachers, and students.</td>
</tr>
<tr>
<td>Symbolic Interactionism</td>
<td>Participant Observation</td>
<td>Concealing her identity, a researcher takes a temporary job at a high school with low funding. She attempts to observe covertly a possible link between school violence and school funding.</td>
</tr>
</tbody>
</table>

Every ten years the Constitution of the United States requires a count of the nation’s population. The Census Bureau uses survey research techniques to create this statistical picture. Why do you think the Census Bureau asked Congress to authorize the use of sampling techniques?
Section 1 Assessment

Match terms a–e with statements 1–5.

1. selected on the basis of chance, so that each member of a population has an equal opportunity of being selected

2. all those people with the characteristics the researcher wants to study within the context of a particular research question

3. a limited number of cases drawn from the larger population

4. a sample that has basically the same relevant characteristics as the population

5. the research method in which people are asked to answer a series of questions

6. Provide an example of using precollected data.

7. For what reasons would you use participant observation instead of a survey?

Critical Thinking

8. Analyzing Information Do you think that selecting a sample of three thousand individuals could yield an accurate picture of the eating habits of Americans? Why or why not?

9. Drawing Conclusions You are a sociologist who wants to see if receiving welfare benefits affects long-term job commitment. Describe the research method you would use. Why is the method you chose the best for this topic?

10. Synthesizing Information Suggest several areas in your own school or community where field research could be used for a research project.
### Figure 2.5 Summary of Research Methods

<table>
<thead>
<tr>
<th>Research Method</th>
<th>Definition</th>
<th>Advantages</th>
<th>Disadvantages</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Quantitative Methods</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Survey Research</td>
<td>People answer a series of questions, usually predetermined.</td>
<td>✷ Precision and comparability of answers</td>
<td>✷ Expensive due to large numbers</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✷ Use of statistical techniques</td>
<td>✷ Low response rate</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✷ Information on large numbers of people</td>
<td>✷ Phrasing of questions introduces bias in favor of certain answers</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✷ Detailed analysis</td>
<td>✷ Researchers’ behavior can affect answers given</td>
</tr>
<tr>
<td>Secondary Analysis</td>
<td>Information gathered by one researcher is used by another researcher for a different purpose.</td>
<td>✷ Inexpensive</td>
<td>✷ Information collected for a different reason may not suit another researcher's needs</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✷ Can study a topic over a long period of time</td>
<td>✷ Original researcher may have already introduced biases</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✷ Researcher's influence on subjects avoided</td>
<td>✷ Information may be outdated</td>
</tr>
<tr>
<td>Experiment</td>
<td>Research occurs in a laboratory setting with a minimum of contaminating influences (not often used in social research).</td>
<td>✷ Can be replicated with precision</td>
<td>✷ Laboratory environment is artificial</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✷ Variables can be manipulated</td>
<td>✷ Not suited to most sociological research</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✷ Can be relatively inexpensive</td>
<td>✷ Number of variables studied is limited</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✷ Permits the establishment of causation (rather than just correlation)</td>
<td></td>
</tr>
<tr>
<td><strong>Qualitative Methods</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Case Study</td>
<td>Thorough investigation is done of a small group, incident, or community.</td>
<td>✷ Provides depth of understanding from group members’ viewpoint</td>
<td>✷ Difficult to generalize findings from one group to another group</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✷ Unexpected discoveries and new insights can be incorporated into the research</td>
<td>✷ Presence of researcher can influence results</td>
</tr>
<tr>
<td></td>
<td></td>
<td>✷ Permits the study of social behavior not feasible with quantitative methods</td>
<td>✷ Hard to duplicate</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>✷ Takes lots of time</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>✷ Difficult to be accepted as a group member (in case of participant observation)</td>
</tr>
</tbody>
</table>
Statistics are methods used for tabulating, analyzing, and presenting quantitative data. Sociologists, like all scientists, use statistical measures. You will encounter certain statistical measures in this textbook and in periodicals such as *Time*, *Newsweek*, or *The Economist*. Among the basic statistical measures are averages—including modes, means, and medians.

An *average* is a single number representing the distribution of several figures. For example, suppose the following figures are the salaries of the nine highest-paid major league baseball players:

- $3,300,000 (catcher)
- $4,200,000 (center field)
- $5,300,000 (left field)
- $3,600,000 (second base)
- $4,500,000 (first base)
- $4,300,000 (shortstop)
- $3,600,000 (third base)
- $6,100,000 (right field)
- $5,300,000 (starting pitcher)

There are three kinds of averages that will make these numerical values more meaningful. Each gives a slightly different picture.

- **The mode** is the number that occurs most frequently. In this case, it is $3,600,000, which occurs twice. The mode is appropriate only when the objective is to indicate the most popular number. Suppose a researcher investigating these major league baseball salaries reported the mode alone. Readers would be misled, because the mode would give them no hint of the wide range of salaries ($3,300,000 to $6,100,000).

- **The mean** is the measure closest to the everyday meaning of the term *average*. It lies somewhere in the middle of a range. The mean of the salary figures above—$4,422,222—is calculated by adding all of the salaries together ($39,800,000) and dividing by the number of salaries (9). The mean, unlike the mode, takes all of the figures into account. It is distorted, however, by the highest figure, $6,100,000. Although one player earns $6,100,000, most players make considerably less—the highest-paid player earns nearly twice as much as the lowest-paid
player. The mean is distorted when there are extreme values at either the high or the low end of a scale. The mean is more accurate when the high and low values are not widely separated.

❖ The **median** is the number that divides a series of values in half. Half of the values lie above the median, half below. In this example, the median is $4,300,000. Half of the salaries are above $4,300,000, and half are below it. The advantage here is that the median is not distorted by extremes at either end. If the median falls between two numbers, the average of those two numbers becomes the median.

**Working with Statistics**

1. Cassie collected newspapers for a recycling plant at the rate of $2.30 per pound of paper. On consecutive days she turned in the following weights: 12 lbs., 13 lbs., 8 lbs., 22 lbs., 8.5 lbs., 13 lbs., and 19 lbs. What was her average pay per day? What was the median pay?

2. The grades on a student's sociology quizzes for a six-week period were 99 percent, 99 percent, 68 percent, 99 percent, 75 percent, and 80 percent. Determine the mean score, the mode, and the median score for that student.

**Evaluating Internet Resources**

The Internet is one of the most exciting research tools developed in the last century. It can put a library of the most current information at your fingertips. Like every tool, however, it is only as good as its operator. Reading the “instruction manual” and following a few basic “safety rules” will ensure that you get the best results from your online research efforts.

To determine if the site is a valid one, consider the source material. The questions on the following page will help you evaluate the reliability of the information. They will also let you deselect those sources (or articles) that are not particularly relevant to your needs.
Reading Tables and Graphs

Tables and graphs present information concisely. Figures 2.6 and 2.7 on the following page show the same information in two different formats. Use these figures to complete these steps for decoding tables and graphs.

1. Begin by reading the title of the table or graph carefully. It will tell you what information is being presented. What information is being presented in Figure 2.6?

2. Find out the source of information. You will want to know whether the source is reliable and whether its techniques for gathering and presenting data are sound. What is the source of the information in these figures? Is it a reliable source?
3. Read any notes accompanying the table or graph. Not all tables and graphs have notes, but if notes are present, they offer further information about the data. The notes in Figure 2.6 and in Figure 2.7 explain that the data refer to the total money income of full-time and part-time workers, aged 18 and over, in a March 2000 survey. Why is the note in this table important?

4. Examine any footnotes (marked with a superscript a). Footnotes in Figure 2.6 and Figure 2.7 indicate that the data are categorized by the highest grade actually completed. What other interpretation could be made from the term years of schooling?

5. Look at the headings across the top and down the left-hand side of the table or graph. To observe any pattern in the data, it is usually necessary to keep both types of headings in mind. Figure 2.6 and Figure 2.7 show the median annual income of African American and white males and females for several levels of education.

6. Find out what units are being used. Data can be expressed in percentages, hundreds, thousands, millions, billions, means, and so forth. Figure 2.6 and Figure 2.7 use two different units. What are they? When making comparison, it is important that you compare like units.

7. Check for trends in the data. For tables, look down the columns (vertically) and across the rows (horizontally) for the highest figures, lowest figures, repeat numbers, irregularities, and sudden shifts. If you read Figure 2.6 vertically, you can see how income varies by race and sex within each level of education. If you read the table horizontally, you can see how income varies with educational attainment for white males, African American males, white females, and African American females. What is the advantage of presenting this information as a graph, as in Figure 2.7? What is the disadvantage of using a graph?

8. Draw conclusions from your own observations. Looking carefully at these figures, write a narrative paragraph that summarizes your conclusions based on the data presented in these figures.

### Table: Median Income in Dollars

<table>
<thead>
<tr>
<th>Demographic group</th>
<th>Overall median income in dollars</th>
<th>Median income in dollars as compared with years of schooling</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Less than 9</td>
</tr>
<tr>
<td>White males</td>
<td>30,409</td>
<td>13,995</td>
</tr>
<tr>
<td>African American males</td>
<td>21,531</td>
<td>11,791</td>
</tr>
<tr>
<td>White females</td>
<td>17,784</td>
<td>9,338</td>
</tr>
<tr>
<td>African American females</td>
<td>16,754</td>
<td>9,730</td>
</tr>
</tbody>
</table>

Note: These figures include the total money income of full-time and part-time workers, ages 18 and over, surveyed as of March 2000.

### Figure 2.6 Median Income in Dollars

![Figure 2.6 Median Income in Dollars](image)

### Figure 2.7 Median Annual Income by Gender, Race, and Education

![Figure 2.7 Median Annual Income by Gender, Race, and Education](image)

Source: U.S. Bureau of the Census.
causation
the belief that events occur in predictable ways and that one event leads to another

multiple causation
the belief that an event occurs as a result of several factors working in combination

What is the cause and effect in this interaction?

The Nature of Causation

Scientists assume that an event occurs for a reason. According to the concept of causation, events occur in predictable, nonrandom ways. One event leads to another. Why does this book remain sitting on your desk rather than rising slowly, going past your eyes, and resting against the ceiling? Why does a ball thrown into the air return to the ground? Why do the planets stay in orbit around the sun? Today, the main goal of scientists is to discover the factors that cause events to happen. Social scientists look for the factors that cause social events to happen.

Why do sociologists look for multiple causes? Leo Rosten, a twentieth-century novelist, once wrote “If an explanation relies on a single cause, it is surely wrong.” Social events are generally too complex to be explained by any single factor. The concept of multiple causation states that an event occurs as a result of several factors working in combination. What, for example, causes crime? Cesare Lombroso, a nineteenth-century Italian criminologist, mistakenly believed that the tendency to commit crimes was inherited. Criminals, he thought, could be identified by certain physical traits such as large jaws or receding foreheads. Modern criminologists have shown that many factors contribute to crime, including peer pressure, the use of drugs, hopeless poverty, and poor parenting. Each of these single factors is called a variable.
Variables and Correlations

A variable is a characteristic—such as age, education, or occupation—that is subject to change. Variables can be quantitative or qualitative, independent or dependent.

How do variables differ? Some materials have greater density than others. Some people have higher incomes than others. The literacy rate is higher in developed countries than in developing countries. Each of these characteristics is a quantitative variable, a variable that can be measured and given a numerical value.

In contrast, a qualitative variable is identified by membership in a category. It is an “either/or” or a “yes/no” variable. Sex, marital status, and group membership are three qualitative variables often used by sociologists. People are either male or female; they are married or unmarried; they are band members, football players, sophomores—or they are not.
When they conduct studies, sociologists and other scientists identify the qualitative and quantitative variables to investigate. They then define these variables as either independent or dependent. The independent variable in a study is the variable that causes something to occur. The researcher changes, or looks for changes, in this variable. The dependent variable is what results from the change in the independent variable. For example, you might look at the time spent studying for a test as an independent variable that could cause a change in a grade—a dependent variable. The independent variable of poverty is one of several independent variables that can produce a change in the dependent variable of hunger. Whether a variable is dependent or independent can change depending on the situation. The extent of hunger may be a dependent variable in a study of poverty; it may be an independent variable in a study of crime.

An intervening variable influences the relationship between an independent and a dependent variable. The existence of a government support program, for example, may intervene between poverty and hunger. If a strong safety net exists, for instance, very poor parents and their children may experience no more hunger than those in the working class. Poverty is the cause of hunger but does not have to be if government intervention in the form of income and food exists. The poor without a safety net will experience more hunger. The poor with a safety net will not.

What is a correlation? A correlation is simply a measure of how things are related to one another. When a change in a trait, behavior, or an event (independent variable) is tied to a change in another trait, behavior, or event (dependent variable), a correlation exists. The correlation may be positive or negative.

A positive correlation exists if both the independent variable and the dependent variable change in the same direction. A positive correlation exists if we find that grades (dependent variable) improve as study time increases (independent variable). (See Figure 2.8.)

![Positive Correlation Diagram](image1)

![Negative Correlation Diagram](image2)

**Figure 2.8 Positive and Negative Correlations**

In a positive correlation, increases in the independent variable are associated with increases in the dependent variable. Grades improve with time spent studying.

In a negative correlation, increases in the independent variable are associated with decreases in the dependent variable. Grades decrease as time spent watching television increases.
In a negative correlation, the variables change in opposite directions. An increase in the independent variable is linked to a decrease in the dependent variable. A negative correlation exists if we find that grades (dependent variable) go down as time spent watching television (independent variable) increases.

It is very important to remember that the existence of a correlation does not necessarily mean a cause-and-effect relationship exists. People with long arms often have long legs. However, the length of a person’s arms does not cause the legs to grow longer. Both of these variables are controlled by other factors. It is much easier to show a correlation between two variables than it is to show causation.

**Standards for Showing Causation**

In a causal relationship, one variable actually causes the other to occur. Three standards are commonly used to determine causal relationships. Let’s look at the example of church attendance and juvenile delinquency discussed on page 5 to illustrate these standards.

❖ **Standard 1:** *Two variables must be correlated.* Some researchers found that juvenile delinquency increases as church attendance declines—a negative correlation. Does this negative correlation mean that not attending church causes higher delinquency? To answer this question, the second standard of causality must be met.

❖ **Standard 2:** *All other possible factors must be taken into account.* The fact that two events are correlated does not mean that one causes the other. The negative correlation between church attendance and delinquency occurs because age is related to both church attendance (older adolescents attend church less frequently) and delinquency (older adolescents are more likely to be delinquents). In fact, the correlation...
between lower church attendance and delinquency is known as a spurious correlation—an apparent relationship between two variables that is actually caused by a third variable affecting both of the other variables. Thus, before we can predict that a causal relationship exists between church attendance and delinquency, we need to take other factors into consideration. In this instance, the age variable reveals that the relationship between church attendance and delinquency is not a causal one. Finding hidden causes and exposing spurious correlations is one of the greatest challenges in scientific research.

Standard 3: A change in the independent variable must occur before a change in the dependent variable can occur. This means that the cause must occur before the effect. Do people stop attending church before they become delinquents? Or does delinquent behavior occur before people stop attending church? Or do these variables appear at the same time? Even if age was not a factor in this correlation and no other factor could be found, causality between these two variables still could not be established since it cannot be determined which occurs first.
Section 2 Assessment

Match terms a–i with the numbered statements below:

1. something that occurs in varying degrees
2. the variable in which a change or effect is observed
3. a change in one variable associated with a change in another variable
4. the idea that an event occurs as a result of several factors operating in combination
5. a factor that causes something to happen
6. the idea that the occurrence of one event leads to the occurrence of another event
7. a factor consisting of categories
8. when a relationship between two variables is actually the result of a third variable
9. a variable measured in numerical units

a. causation
b. multiple causation
c. variable
d. quantitative variable
e. qualitative variable
f. independent variable
g. dependent variable
h. correlation
i. spurious correlation

Critical Thinking

10. Making Comparisons In your own words, explain the difference between correlations and causation. Illustrate each with an example not found in the text.
Emile Durkheim was the first person to be formally recognized as a sociologist. (See pp. 16–17 for more on this pioneer.) He was also the most scientific of the pioneers. Durkheim conducted a study that stands as a classic research model for sociologists today. His investigation of suicide was, in fact, the first sociological study to use statistics. In *Suicide* (1964, originally published in 1897), Durkheim argued that some aspects of human behavior—even something as personal as suicide—can be explained on the societal level, without reference to individuals.

To carry out his secondary analysis, Durkheim used precollected data from the government population reports of several countries. Much of it was from the French government statistical office. He collected data for approximately 26,000 suicides and classified them by age, sex, marital status, whether there were children in the family, religion, location, time of year, method of suicide, and other factors. (And all this before there were computers!) As he gathered his data, he continually refined and adjusted his hypotheses.

Durkheim wanted to see if suicide rates were related to how socially involved individuals felt. He identified three suicide types in his study: egoistic, altruistic, and anomic.

He hypothesized that *egoistic* suicide increases when individuals do not have sufficient social ties. For example, he proposed that adults who never married and were not heavily involved with family life were more likely to commit suicide than married adults.
Chapter 2  Sociologists Doing Research

Working with the Research

1. Emile Durkheim’s study of suicide suggested that one factor in the suicide rate is the degree to which the individual has group ties. One indication of social ties is population density. Based on Map B, where would you expect to find the highest suicide rates in the United States? Does Map A agree with your predictions?

2. Durkheim noted that “psychological explanations are insufficient when analyzing social behavior.” In your own words, tell what this statement means.

3. Which perspective do you think Durkheim followed in his study of suicide: the functionalist, the conflict, or the symbolic interactionist? Give reasons for your answer.

4. Using what you have learned from Durkheim’s research, formulate a hypothesis about mass suicide.
Procedures and Ethics in Research

Key Terms
- scientific method
- hypothesis

Steps for Doing Research

Scientists use a research model known as the scientific method. It involves the pursuit of knowledge in a systematic way. As shown in Figure 2.10 on the following page, the steps in the scientific method include identifying a problem, reviewing the literature, formulating hypotheses, developing a research design, collecting data, analyzing data, and stating findings and conclusions.

1. Identify the Problem. Researchers begin by choosing an object or topic for study. Most topics are chosen because they interest the researcher, address a social problem, test a major theory, or respond to a government agency’s or organization’s needs.

2. Review the Literature. Once the object or topic of study has been identified, the researcher must find out all he or she can about any earlier research. This process is called a literature search. For example, a sociologist investigating suicide will probably develop an approach related to the classic study of suicide by Emile Durkheim, as well as to the work of other sociologists who have since researched the topic.

3. Formulate Hypotheses. The next step is for a sociologist to develop a hypothesis based on what is known about the issue so far. A hypothesis is a testable statement of relationships among well-defined variables. One hypothesis might be “The longer couples are married, the less likely they are to divorce.” The independent variable is length of marriage, and the dependent variable is divorce.

4. Develop a Research Design. A research design states the procedures the researcher will follow for collecting and analyzing data. Will the study be a survey or a case study? If it is a survey, will data be collected from a cross-section of an entire population, such as the Harris and Gallup polls, or will a sample be selected from only one city? Will simple percentages or more sophisticated statistical methods be used? These and many other questions must be answered so the researcher will have a sound plan to follow.

5. Collect Data. There are three basic ways of gathering data in sociological research—asking people questions, observing behavior, and analyzing existing materials and records. Sociologists studying interracial marriages could question couples about ways they communicate. They could locate an organization with a large number of interracially married couples and observe couples’ behavior. Or they could compare the divorce rate among interracially married couples with the divorce rate of the population as a whole.
6. **Analyze Data.** Once the data have been collected and classified, they can be analyzed to determine whether the hypotheses are supported. It is not unlike putting together pieces of a jigsaw puzzle. This is not as easy or automatic as it sounds, because results are not always obvious. Because the same data can be interpreted in several ways, judgments have to be made. Guarding against personal preferences for particular outcomes is especially important in this phase of research.

7. **State Findings and Conclusions.** After analyzing the data, a researcher is ready to state the conclusions of the study. It is during this phase that the methods are described (for example, survey, case study) and hypotheses are formally accepted, rejected, or modified. By making the research procedures public, scientists make it possible for others to duplicate the research, conduct a slightly modified study, or go in a very different direction.

**Realistically, do sociologists follow these steps?** Some sociologists believe that this research model is too rigid to be used in studying human society. Even though most sociologists do follow the model, they do not necessarily follow it mechanically. They may conduct exploratory studies prior to stating hypotheses and developing research designs. Or they may change their hypotheses and research designs as their investigations proceed.

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**Ethics in Social Research**

Research is a distinctly human activity. Although there are principles for conducting research, such as objectivity and verifiability, scientists sometimes fail to live up to these principles. At times, even the ethics of research is not honored by researchers.

Unfortunately, there is a long list of examples of ethical lapses in medical research. During the Nuremberg trials, 16 Nazi doctors were convicted of conducting sadistic experiments on concentration camp inmates. From 1932 to 1972, the Public Health Service of the U.S. government deliberately did not treat 399 syphilitic African American agricultural workers and day laborers so that biomedical researchers could study the full evolution of the disease (Jones, 1993). For twenty years, researchers at Germany’s University of Heidelberg used human corpses, those of adults and children, in high-speed automobile crash tests (Fedarko, 1993). Federal investigators in the United States have documented over ten years of fraud in some of the most important breast cancer research ever done (Crewdson, 1994).

Several social scientists, also, have been criticized for conducting research that many scientists consider unethical. In each case, subjects were placed in stressful situations without being informed of the true nature of the experiments (See pages 144 and 188 for a discussion of two of these studies).

More often, however, sociologists routinely protect the rights of research subjects and avoid deceiving or harming them. For example, Mario Brajuha, a graduate student at a major American university, kept detailed field notes while doing a participant observation study of restaurant work (Brajuha and Hallowell, 1986).
A recent episode of NBC’s Today show featured a segment about a Louisiana woman whose male neighbor had secretly installed video cameras in her bedroom and bathroom. Because of the cameras, the neighbor was able to secretly observe this woman in her most private moments. While researchers have been observing subjects for many years, it is alarming that this immoral and extremely illegal use of technology is now within the financial range and technical ability of many people.

Some sociologists and psychologists are concerned about the ethics of videotaping research subjects. One of the requirements of the Code of Ethics of the American Sociological Association found in the Appendix is to protect the privacy of research subjects. Imagine, then, that a sociologist came to your school to conduct research and asked permission to place video cameras in the hallways, classrooms, and cafeteria. Do you think that permission from school administrators would be enough to meet this requirement? How would you respond to this request? What if every student in the school gave permission for the cameras? How would you feel if you gave your permission, but then did something really silly or wrong in front of one of the cameras?

Lawsuits have been filed in some states by workers after discovering that their employers had installed hidden cameras in rest rooms or changing rooms to help reduce high levels of employee theft. Managers claim that dishonest employees often use these areas to hide company products in their purses or bags. Workers argue that they are entitled to expect a minimum level of privacy and that hidden cameras violate that expectation. But, objects management, if workers know the cameras are there, they won’t be caught. Similarly, if researchers begin videotaping with the consent of their subjects, will they get a true record of behavior? If they do not advise their subjects of the taping, what happens if a criminal act is recorded? Do the researchers have an obligation to release the tape to the authorities? Ethical issues will continue to arise as technology allows investigators to invade areas where custom and culture had prevented them from going.

Analyzing the Trends

Develop an argument for or against the use of video equipment in a sociological research project. Be sure to use logical arguments and evaluate the issues of maximizing benefits to society while minimizing the harms sociological work might create.
Because of suspected arson at a restaurant where he was employed as a waiter, his field notes became an object of interest to the police, the district attorney, the courts, and some suspects. For two years, Brajuha refused to reveal the contents of his field notes to the police. He did so in the face of a subpoena, the threat of imprisonment, and possible harm to himself, his wife, and his children. Brajuha was protecting the privacy rights of those individuals described in his notes.

What is sociology’s code of ethics? Conducting ethical research means showing objectivity; using superior research standards; reporting findings and methods truthfully; and protecting the rights, privacy, integrity, dignity, and freedom of research subjects. The American Sociological Association has published guidelines for conducting research. (This code has been reproduced in full in the Appendix of this text.) Briefly put, the Code of Ethics is concerned with getting the greatest possible benefit with the least possible harm.

Can researchers act ethically and still get the information they need? Sometimes acting ethically is difficult. The researcher must sometimes make hard decisions about morally questionable issues, such as the situation in which Mario Brajuha found himself. Moreover, the researcher must balance the interests of those being studied against the need for accurate, timely data. Balance is the key to the issue of ethics. At the least, the people involved in sociological research should be protected from social, financial, or psychological damage or legal prosecution.

Section 3 Assessment

1. The steps below describe a research project on children without brothers or sisters (“only” children). Put steps a–g in order of how they would occur according to the steps in the research process.
   a. A researcher reads many articles about theory and research on the intelligence level of only children.
   b. From previous research and existing theory, a researcher states that only children appear to be more intelligent than children with siblings.
   c. A researcher collects data on only children from a high school in a large city.
   d. A researcher writes a report giving evidence that only children are more intelligent than children with brothers or sisters.
   e. A researcher decides to study the intelligence level of only children.
   f. A researcher classifies and processes the data collected in order to test a hypothesis.
   g. A researcher decides on the data needed to test a hypothesis, the methods for data collection, and the techniques for data analysis.

Critical Thinking

2. Drawing Conclusions What issues in studying society might interfere with following the scientific method precisely?

3. Analyzing Information Can secret observation of people ever be considered ethical? Why or why not?
It is sometimes said that we are living in the “age of instant information.” One unfortunate side effect is the tendency for studies and research results to be reported in the media without background or explanation. There are, however, some easy steps you can follow that will make you a savvy consumer in the information marketplace.

Be Skeptical. Be suspicious of what you read. The media sound-bite treatment tends to sensationalize and distort information. For example, the media may report that $500,000 was spent to find out that love keeps families together. In fact, this may have been only one small part of a larger research project. Moreover, chances are the media have oversimplified even this part of the researcher’s conclusions.

Consider the Source of Information. The credibility of a study may be affected by who paid for the results. For example, you should know whether a study on the relationship between cancer and tobacco has been sponsored by the tobacco industry or by the American Cancer Society. Suppose that representatives of tobacco companies denied the existence of any research linking throat and mouth cancer with snuff dipping. Further suppose that an independent medical researcher concluded that putting a “pinch between your cheek and gum” has, in the long run, led to cancer in humans. The self-interest of the tobacco companies taints their objectivity and requires further investigation on your part.

At the very least, you want to know the source of information before making a judgment about scientific conclusions. This caution is especially relevant to the Internet. Because this information varies widely in its accuracy and reliability, sources must be evaluated with particular care.

Do Not Mistake Correlation for Causation. Remember that a correlation between two variables does not mean that one caused the other. At one time, the percentage of Americans who smoked was increasing at the same time that life expectancy was increasing. Did this mean that smoking caused people to live longer? Actually, a third factor—improved health care—accounted for the increased life expectancy. Do not assume that two events are related causally just because they occur together.

Doing Sociology

Bring to class an article reporting on a study. These can be found in periodicals or weekly news magazines. Be prepared to share with your classmates how these three safeguards can be applied to the reported study.
Summary

Section 1: Research Methods
Main Idea: When sociologists do quantitative research, they generally use either surveys or pre-collected data. Each has its own advantages and disadvantages. Qualitative research uses descriptive rather than numerical data. Field studies are best used when interaction needs to be observed in a natural setting and when in-depth analysis is needed. The case study is the most popular approach to field research.

Section 2: Causation In Science
Main Idea: Causation in science is the idea that one event leads to another event. Scientists assume that all events have causes, or determinants. Sociologists work to discover these causes. Three standards must be met before causation can be proved.

Section 3: Procedures and Ethics In Research
Main Idea: The research process is made up of several distinct steps. These steps represent an ideal for scientific research. It is not always necessary or even possible that they always be strictly followed. Researchers have an ethical obligation to protect participants’ privacy and to avoid deceiving or harming them. Preserving the rights of subjects must sometimes be weighed against the value of the knowledge to be gained.

Reviewing Vocabulary
Complete each sentence using each term once.

a. causation
b. code of ethics
c. correlation
d. dependent variable
e. field research
f. independent variable
g. multiple causation
h. qualitative variable
i. quantitative variable
j. representative sample
k. scientific method
l. secondary analysis

1. A variable that can be measured and given a numerical value is called a ____________.
2. ____________ states that an event occurs as a result of several factors working in combination.
3. The use of existing information as a method of collecting data best describes ____________.
4. A random sample that accurately reflects the whole population is called ____________.
5. The ____________ is a research principle that is concerned with achieving the greatest possible benefit with the last possible harm.
6. The idea that events occur in predictable ways, with one event leading to another, is called ____________.
7. ____________ is a measure of how things are related to one another.
8. ____________ is a variable identified by membership in a category.
9. The steps that include identifying a problem, reviewing the literature, and collecting data are part of the ____________.
10. ____________ is used to investigate aspects of social life that cannot be measured quantitatively and are best understood in a natural setting.
11. ____________ is a variable in which change has occurred.
12. A variable that causes something to occur is called ____________.
Reviewing the Facts

1. If a sociologist wanted to study high school cliques, what would be the best method for collecting data? Support your choice by giving two benefits of using this method.

2. Examine Figures 2.6 and 2.7 on page 49 showing median annual income by sex, race and education. What is the scientific name given for this type of information?

3. Donna Gaines, a sociologist, studied teen suicides and reported her findings in a book, Teenage Wasteland: Suburbia’s Dead End Kids. She found several suicides that were committed by teens in a group. How might Emile Durkeim classify or describe this type of suicide?

4. Sociologist Elijah Anderson studied gangs in Philadelphia. In order to do that, he had to take off his shirt and tie and dress like the young men he was going to study. What is the name of the method of research that Anderson used here?

5. What are the seven steps in the scientific method?

6. Survey research is obtained through the use of questionnaires and interviews containing closed-ended questions and/or open-ended questions. Using a table like the one below, list the advantages and disadvantages of open-ended survey research.

<table>
<thead>
<tr>
<th>Advantages</th>
<th>Disadvantages</th>
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Thinking Critically

1. Applying Concepts In this chapter you read about positive and negative correlations. Give two examples each of relationships that you suspect may be positive and negative correlations. For example, you may propose that an increase in income is positively correlated to increased dining out.

2. Identifying Alternatives Identify the methods of research you would use if you wanted to study the effects of alcoholism on the work force. Explain why you would use this method. Briefly describe how you might conduct the research.

3. Drawing Conclusions Figure 2.6 on page 49 indicates that males make more money on average than females. Some sociologists would tell you that pregnancy contributes to the variations in male’s vs. female’s income earnings. What variables might explain this conclusion?

4. Synthesizing Information Rock musician Kurt Cobain, of the band Nirvana, committed suicide in 1994. In the years that Cobain was growing up in the state of Washington, the suicide rate there was higher than that of many other states. (It has since decreased.) What variables would you look at to examine a state’s suicide rate?

5. Drawing Conclusions You have been assigned a research project in a high school. Using the American Sociological Association’s Code of Ethics (found at the back of the book), what considerations would first have to be made? Using a diagram similar to the one below, list and discuss the steps that you believe would be necessary to ensure the privacy of the student participants.

Sociology Projects

1. Qualitative Research In order to strengthen your skills in qualitative research, perform the following activity. Look around your classroom and select an object that you see in the room, such as a blackboard eraser. Imagine that you have never seen this object before and have no
idea what it is or what it is used for. Write a brief description of the object in terms of its physical nature, but do not try to determine its function. In this exercise, you are simply making an observation. Compare your description with those of your classmates.

2. **Conducting a Research Study** Write a proposal for a study that you would like to see conducted at your school. You must decide how you will conduct the research. Will it be a survey, interview, or observation? Follow the standards set out in the textbook on pages 58–59, indicating variables, research design, hypothesis, and a review of the literature if possible. Include information on how you will identify your sample population. Also include sample questions (open or closed). Be prepared to present this study to your class “ethics board” for approval.

3. **Quantitative Research** Try this quantitative research project at home. Over the next few days or nights, watch three television shows, each at least thirty minutes long. For the purpose of this activity, the programs you select should be prime-time dramas for mature audiences. Record the number of times a person or animal is subjected to physical violence. Remember that physical violence is everything from shoving to shooting. When you have finished collecting your data, create a graph that illustrates the number of violent acts for the shows that you watched. You have just done quantitative research and you will probably be amazed at the results.

4. **Observation** Find a place in your town or neighborhood that has a four-way stop sign. Find a place to observe that is not immediately noticeable from the street. Observe how many people come to a full stop, how long people stop, and how people yield for each other. You might want to see if women yield more for men than other women and if older people yield more than younger people. Record your observations and share it with classmates. See if you can determine any patterns from what may apparently be random behaviors.

5. **Analyzing Information** Collect newspaper articles that announce medical or health breakthroughs or that publicize results of social studies. Analyze them by asking the following questions:
   a. What claims or promises were made in the article?
   b. What actual quotes by the researchers were included, if any?
   c. Was the article well documented? Did it provide source information?
   d. Were there any “disclaimers,” or warnings about the results not being proven, or more testing needing to be done? If so, where were these cautionary words placed in the article?
   e. What is your opinion about the actions of the reporter? Do you think he or she was journalistically responsible, or do you think the article was an attempt to grab headlines?

6. **Filtering** Some high schools are concerned about Internet use by high school students and are considering filtering, a process that blocks access to web sites that have certain words or phrases in their text. Some teachers are concerned that this imposed censorship will hamper student research, since the filtering process looks for words only and generally does not evaluate the context in which the word is used. Choose a partner to debate the issue of Internet filtering in high schools. Develop arguments that support your position of being in favor of or against high school Internet filtering. Support your arguments with research.

**Technology Activity**

1. Visit an Internet site on a current events topic that interests you. Using the criteria for determining a valid web resource found on pages 47–48, determine if your site qualifies. If not, keep searching for a related site until you find one that meets the criteria. Bring your recommended URL to class to create a database of great current events sites.
Collecting data on students’ experiences. We used a variety of means to collect data on students’ experiences with peers in school. All four researchers observed lunchtime interaction at least twice weekly for periods of time ranging from five months to twelve months. We never took notes openly during the lunch period, but sometimes recorded brief notes in the bathroom or hallway between lunch sessions. These notes were expanded upon and all notes were recorded fully immediately after leaving the setting.

Donna Eder and Steve Parker also attended male and female extracurricular activities twice weekly for an entire academic year. Given the importance of athletic activities and cheerleading, we focused primarily on them, going to athletic games and practices, pep rallies, and cheerleading practices and tryouts. In addition, we observed choir and band practices and concerts, talent shows, and the one school play that was performed during the three-year period of the study. We were able to take some notes during these events, since our roles were more those of observers than participants. Afterward, we expanded on these notes and recorded them fully.

Once we had been in the setting for several months, we began doing informal interviews with individuals or groups of students on issues that arose from our observations. They included questions about the meaning of popularity, attitudes toward other students in the school, and views on male-female relationships. While some were so informal they were simply recorded as field notes, ten of the more extensive interviews were tape-recorded and transcribed in full.

Finally, we tape-recorded conversations in most of the lunch groups which we observed. Typically, we sat with the group members for three to seven months prior to taping them, so they were already used to our presence. We got written permission from both the students and their parents before we made a recording. On the permission forms we assured them that no one who knew them would be able to listen to or watch the tapes. We also told them that their real names would not be used in any written report. To further insure the participants’ privacy, we have also changed all names of identifying locations and modified discussions about particular people or events. Only one parent requested that her daughter not participate in the study. Since she could not be asked to separate from her group, we decided to omit the entire group from the study.
Ethical issues. When we first began the study, we openly informed all of the students that we were from Indiana University and were doing a study of middle school students. We assured students of our concern with protecting their privacy by not using their actual names or revealing private information to others who might know them. The only concern expressed by a few students was that they not get in trouble for swearing. Since we were not aware of a no-swearing rule and had not been asked to enforce it, they soon lost this concern. Several students again expressed a similar concern when they were first tape-recorded, asking us who would be allowed to hear the tapes. We assured them that the tapes would not be seen or heard by anyone who could identify them and that we would not use their names in papers or books about the study.

We were prepared in advance for these particular ethical issues and had ready responses that relieved people's concerns. Other ethical dilemmas arose during the course of the study for which we did not have clear solutions. [Two of the researchers] . . . witnessed several incidents of verbal harassment, and Steve witnessed one incident that included physical harassment. Since we had tried from the start to minimize our roles as authority figures in the school, neither of them intervened as adults to stop these incidents. Instead they relied on non-intrusive strategies such as not participating themselves, or drawing the attention of others away from the target of ridicule to some other activity.

These incidents raise challenging questions about the role of researchers as observers of naturally occurring behavior, as opposed to interventionists who try to change the behavior of others, especially if it appears to be cruel or abusive. Had we decided to intervene more directly, we would have been seen as authority figures, and it is likely that students would no longer have acted as naturally in our presence, thus limiting the extent to which we could gain information about peer interactions. On the other hand, it was deeply disturbing to the researchers to witness these events without intervening. We struggled with the question of whether nonintervention might convey an implicit message that such behavior is acceptable to adults.


Read and React

1. In the first paragraph, the author writes that the observers did not openly take notes. Wouldn’t it make more sense to take notes while the events were happening? Why would the observers wait to record their observations?

2. What do you think the author means by the term field notes in the third paragraph?

3. What steps did the research team take to ensure that the students’ privacy rights were not abused?

4. What ethical problems did the researchers face in the course of their observations? Would you have taken the same steps as the researchers? What other action could have been taken?